

■ ADVICE & SUPPORT

AddAction Cada	01872 263001	Freshfield Service Drug Counselling	0500 241952
Alcoholics Anonymous	0845 7697555	Handyperson scheme	0300 123 1676
Anti-Bullying in Cornwall Helpline	0800 5875991	Job Seeker Direct	08456060234
Arthritis Care	0207 380 6509	LGBT (Lesbian, Gay, Bisexual, Transsexual)	08456 020818
BBC Radio Cornwall	01872 275421	Macmillan	0808 8082020
Breadline	01736 366767	Mencap	01208 77760
Brook Advisory Centre, Cornwall	01209 710088	Narcotics Anonymous	0207 7300009
Childline	0800 1111	NSPCC	0808 800 5000
Citizens Advice Bureau	0844 4994188	PCDT (Penwith Community Development Trust)	01736 332772
Cornwall Blind Association	01872 261110	Penhaligon's Friends	0845 6071943
Cornwall Church Action with the Unemployed	01326 572389	Pre-school Learning Alliance	01208 269512
Cornwall Community Foundation	01566 779440	Pregnancy Counselling Service	01872 222626
Cornwall Deaf Association (minicom text phone)	01872 263664	Relate	01726 74007
Cornwall Deaf Association (telephone)	01872 225868	Royal British Legion	01872 260577
Cornwall Deaf Children's Society	01209 842798	Salvation Army	01872 225734
Cornwall Disabled Association	01872 273518	Samaritans Cornwall	01872 277277
Cornwall Dyslexia Association	01872 274827	SHARE Bodmin	01208 79252
Cornwall Energy Saving Trust	0800 512012	SHARE Camborne	01209 711500
Cornwall Friends Mobility Centre	01872 254920	SHARE Penzance	01736 361059
Cornwall Neighbourhoods for Change	01209 721500	SHARE St.Austell	01726 69144
Cornwall Probation Headquarters	01872 326262	Shelter	0808 8004444
Cornwall Rape and Sexual Abuse Centre	01872 262100	Spectrum	01326 371000
Cornwall Voluntary Sector Forum	01872 241584	SSAFA Forces Help	01872 863078
Cornwall Women's Refuge Trust Helpline	01872 225629	St Petroc's Society	01872 264153
Council for Racial Equality	01637 852410	Victim Support & Witness Service	0845 0567999
CRUSE Bereavement Care	01726 76100	Volunteer Cornwall-Head Office	01872 265305
DIAL (Disability Information and Advice Line)	01736 759500	Westcountry Housing Association	01872 260847
Disability Cornwall	01736 756655	West Cornwall Women's Aid	01736 367539
East Cornwall Council of Voluntary Service	01208 832763	Women's Rape & Sexual Abuse Centre	01208 77099
ENABLE	01208 77711	YMCA	01736 365016
Fishermen's Mission	01736 363499	Young People's Care Centre	01326 436630

■ CARERS

CRCC Carers' Support Service	01872 243531	CRCC Young Carers	01209 641956
Carers' Support Project (Adult Mental Health)	01209 613456	Older Carer's Service (learning disabilities)	01872 264057

■ CORNWALL COUNCIL

Cornwall Council	0300 1234 100	Children Schools & Families	0300 1234 101
Cornwall Council (out of hours)	01208 251300	Devon & Cornwall Police (non-emergencies)	0845 2777 444
Adult Care & Support	0300 1234 131	Fire & Community Safety	0300 1234 232
Libraries	0300 1234 111	Roads, Transport & Parking	0300 1234 222
Refuse & Recycling	0300 1234 141		

■ EDUCATION AND YOUTH

Adult Education	01726 226700	Penwith College	01736 335000
Bodmin College	01208 72114	Playlines	0845 6003930
Carers South West Ltd	01566 777672	Truro College	01872 267000
Cornwall College Camborne	01209 611611	University College Falmouth	01326 211077
Cornwall College St Austell	01726 226626	Young Carers	01209 614956
Family Information Service	0800 5878191	Young People Cornwall	01872 222447
K2 Youth	01752 842586	Youth Cornwall	01872 326312

■ HEALTH

Action for Blind People South West	01392 458060	Motor Neurone Disease Connect	0845 7626262
Alzheimer's Society	01209 713980	Mount Edgcombe Hospice	01726 65711
Association for Spina Bifida and Hydrocephalus	01726 861062	Multiple Sclerosis Society	0808 800 8000
Cornwall & Isles of Scilly Primary Care Trust	0845170 8000	NHS Direct	0845 46 47
Osteoporosis Support Group	01872 561787	Parkinson's Disease Society	01872 520306
Cornwall Partnership Trust	01726 291000	Scope Response	0808 8003333
Dental Helpline	01872 354375	Sexual Health Information Line	0800 567123
GU Clinic, Treliske	01872 255044	St John Ambulance	01726 815967
Health Promotion Service	01209 313419	Stroke Association	01392 447364
LINK in Cornwall	01872 243533		

■ HOSPITALS for hospitals not listed tel:	01872 250000	St Austell Community Hospital	01726 291100
Camborne & Redruth Community Hospital	01209 881601	St Michael's Hospital	01736 753234
Falmouth Hospital	01326 434700	Treliske Hospital	01872 250000
Newquay Hospital	01637 893600	West Cornwall Hospital	01736 874000

■ MENTAL HEALTH

Casull (Carers & Service Users Leaflet Line, Cornwall)	01726 823515	MIND	01872 222469
CRCC Mental Health Project	01872 243532	Nightlink	0808 8000306

■ RURAL INFORMATION

Cornwall Federation of Women's Institutes	01872 272843	Cornwall Wildlife Trust	01872 273939
Cornwall Rural Housing Association	01208 264530	Cornwall Young Farmers	01208 893080
Cornwall Sea Fisheries Committee	01736 369817	Council for Protection of Rural England	01326 290629
Cornwall Waste Action	01209 210883		

■ VOLUNTEERS

Age Concern Cornwall	01872 266388	Volunteer Cornwall - Truro	01872 263728
Age Concern Voluntary Car Scheme	01872 223388	Volunteer Cornwall - Bodmin	01208 79565
British Red Cross	01872 267950	Volunteer Cornwall - Liskeard	01579 344818
Cornwall Community Volunteer Service	01209 718844	Volunteer Cornwall - Redruth	01209 217614
involved	01872 242152	Volunteer Cornwall - St Austell	01726 71087
Volunteer Bureau - Camborne	01209 715464	Volunteer Cornwall - Transport	01872 265300
Volunteer Bureau - Penzance	01736 330988	Women's Royal Volunteer Service	01579 342013

Cornwall Rural Community Council

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Registered as: Cornwall Community Development Limited

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Patron: Lady Mary Holborow

